

3) provide prevention services to keep children safely in their own homes; and 4) work with parents to become more self-sufficient. The Project's primary service is the In-Home Services for Native Families and Family Group Decision Making.

Training Goals

Participants find strength and pride through Yup'ik values and remember what they have been taught or learned about Yup'ik traditions. Participants begin, or continue, on the path of self-healing. Participants become better parents.

Who is Trained?

Healthy Families is primarily a training for ICWA and Alaska (OCS) clients to become better parents. ICWA and OCS staff are also highly encouraged to attend the training. It is also open to other individuals and parents who wish to participate.

Who are the Trainers?

Healthy Families staff, three respected bi-lingual Yup'ik facilitators, supported by a Yup'ik Elder.

Where does the training take place?

Training takes place in Bethel and the villages of the AVCP region.

How long is the training?

The Healthy Families parenting curriculum is delivered in either 3.5 day retreat-style sessions in the villages or through ten-week long, two-hour Monday night sessions in Bethel.

What does the training include?

The training follows the Yup'ik life cycle and uses stories and examples to clarify Yup'ik life principles to bring forth cultural teachings, values, beliefs, life ways, ceremonies and rituals. Sessions cover the following topics: love, helping and sharing, hunting and sharing catch, girls roles and boys roles, cultural and historical trauma and healing, marriage and relationships, children and parents. The format for each week varies slightly depending on the facilitator(s) life experiences and personal stories.

The program includes a training guide of over fifty pages. Each section of this guide includes a summary, several main points regarding the topic and traditional stories used to illustrate the main point. There are also questions for the participants to answer.

What follow-up is available after the training?

As most participants are ICWA or OCS clients, they receive on-going services from these agencies. In addition, participants can choose to repeat the training.

What does the training costs?

There is no cost to participants.

Has the program been evaluated?

Unknown, contact AVCP

Program Funding Source

Office of Family Assistance (OFA) for Coordination of Tribal TANF and Child Welfare Services to Tribal Families at Risk of Child Abuse or Neglect.

Trainer Qualifications

Trainers are respected, culturally knowledgeable, bi-lingual Yup'ik adults.

Additional program information

Project brochure: <https://www.yumpu.com/en/document/view/10487909/elluarrluteng-ilakutellriit-healthy-families-the-yupik-way>

Project overview: <https://www.yumpu.com/en/document/view/10487909/elluarrluteng-ilakutellriit-healthy-families-the-yupik-way>