

Sample Healing Programs for Alaska Native Communities

Program	Parent Agency/ Contact Info.	Goal	Process	Participants/ trainees	Area Served	Evaluation	Trainers
Arctic Winds Healing Winds	501c3 in process Elsie Boudreau arcticwindshealingwinds@gmail.com	Strengthened communities	Train leaders/change agents to work in communities to bring healing from historical trauma.	Primary: Community leaders and change agents	Statewide	Training model as used by United nations was evaluated but not evaluated in Alaska	Teleos Institute trains Alaskan trainers.
Awakening Spiritual Unity	501c3 Inez Larsen AlaskaASU@yahoo.com	Healing & re-establishing wellness, wholeness & dignity for mind, body and spirit	Gathering of Native Americans (GONA), plus specific training/workshops developed with and for communities.	Community members, service providers, and tribal leaders	Statewide	GONA has been evaluated	Experienced Alaska Native and American Indians including one PhD and one MSW
Calricaraq	YKHC (Yukon-Kuskokwim Health Corporation) Rose Nuyailnguq Domnick 907-543-6738	Build and strengthen Yupik family units	Community gatherings/activities to teach Yupik traditional values and skills for healthy living, healing from historical trauma.	Community members, activities adjusted for all ages	Yupik villages in YKHC region	By participant feedback	Respected Yupik trainers who have completed Healthy Family training
Elluam Tungiinun "Toward Wellness:" Ellangneq Project Qungasvik (Toolbox) Projects	CANHR, UAF (Center for Alaska Native Health Research, University of Alaska Fairbanks) Stacy Rasmus, smasmus@alaska.edu	Stronger healthier youth who value their lives & avoid substance abuse and suicide	Community plans & conducts culturally-based activities to teach & inspire youth. Experienced community coordinators train new community coordinators to implement similar projects.	Community members and youth. New community coordinators.	Specific Yupik/Cupik villages in Yukon-Kuskokwim region	UAF evaluated 3 year pilot project	Community residents supported by faculty of CANHR, UAF



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Family Wellness Warriors Initiative	Southcentral Foundation Bobbi Outten, www.fwwi.org	To end child sexual abuse & child neglect in Alaska in this generation.	Training programs for individual adults, 3 year training model for rural communities. Intense personal growth and healing.	Adults	CIRI region and statewide by invitation	Extensive independent evaluation on-going	Volunteers trained by FWWI supervised & supported by licensed clinicians
Healthy Families the Yupik Way, Qasgiq	AVCP (Association of Village Council Presidents) Cheryl Offt (ICWA Director) 800-478-3521	Improved parenting skills knowledge of traditional Yupik values and child raising practices. Coordinated service delivery to client families.	Training program that teaches Yupik traditional values and skills in parenting and healthy living.	Primarily State Office of Children's Services and Indian Child Welfare Act clients but open to other parents as well as agency staff	Bethel and AVCP villages	Undetermined	Yupik facilitators and Elder(s)
Pathway to Hope	Justice for Native Children Diane Payne justice4nativechildren@gmail.com	Empower tribal communities to understand & prevent child sexual abuse & to promote healing for child victims.	Alaska Native training & approach to facilitated community dialog toward understanding child sexual abuse & its effects, supporting healing and steps to prevention.	Community leaders, healers, natural helpers, elders and child advocates	Statewide – community invitation is required	In process to be completed on 2015	Trainers & Facilitators team usually includes a Native community organizer, Native elder & family therapist
Returning to Harmony	501c3 in process Laura Castaneda l_castaneda@yahoo.com	Returning Alaska's First Peoples to a place of health and well being.	Training & certifying master trainers to return to families and communities with skills to restore spiritual, mental, emotional, physical health by reclaiming ancestral values. Updated Family Systems training.	Alaska Natives working in human services roles in communities and as natural helpers.	Statewide	Participant feedback, surveys	Group of Alaska Native Master Family Systems Trainers, one with M.A.

Please let us know of other programs, so we can add to this list and share with others!



Provided by *The Resource Basket* for Alaska Native Youth Success

See our website for additional information

www.alaskanativeyouth.org

